



Brighten Academy Kinder-Prep Preschool

Preschool Menu - Week of December 15, 2025

	EARLY SNACK 7:00 AM - 7:45 AM	MORNING SNACK 9:00 AM - 9:15 AM	LUNCH 11:45 AM - 12:15 PM	AFTERNOON SNACK 4:00 PM - 4:15 PM
MONDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ Butter Croissant $\frac{1}{2}$ cup Water	Mozzarella Sticks $\frac{1}{2}$ cup Green Salad w/Ranch Dressing $\frac{1}{2}$ cup Applesauce $\frac{1}{2}$ cup Milk	Blueberry Belvita Biscuit $\frac{1}{2}$ cup Water
TUESDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Pancake $\frac{1}{2}$ cup Water	Salami & Cheese Stacker $\frac{1}{2}$ cup Veggie Straws $\frac{1}{2}$ cup Watermelon $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Animal Crackers $\frac{1}{2}$ cup Water
WEDNESDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	$\frac{1}{3}$ Banana $\frac{1}{2}$ cup Water	Ramen Noodles $\frac{1}{2}$ cup Corn $\frac{1}{2}$ cup Raisins $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Cheez-Its $\frac{1}{2}$ cup Water
THURSDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Graham Cracker $\frac{1}{2}$ cup Water	Beef Ravioli Garlic Bread $\frac{1}{2}$ cup Peaches $\frac{1}{2}$ cup Milk	Granola Bar $\frac{1}{2}$ cup Water
FRIDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	String Cheese $\frac{1}{2}$ cup Water	Ham & Cheese Roll Up $\frac{1}{2}$ cup Tater Tots $\frac{1}{2}$ cup Watermelon $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Veggie Straws $\frac{1}{2}$ cup Water