



Brighten Academy Kinder-Prep Preschool

Preschool Menu - Week of February 2, 2026

	<u>EARLY SNACK</u> 7:00 AM - 7:45 AM	<u>MORNING SNACK</u> 9:00 AM - 9:15 AM	<u>LUNCH</u> 11:45 AM - 12:15 PM	<u>AFTERNOON SNACK</u> 4:00 PM - 4:15 PM
MONDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Blueberry/Raspberry Fig Bar $\frac{1}{2}$ cup Water	Meatballs $\frac{1}{2}$ cup Green Beans $\frac{1}{2}$ cup Peaches $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Goldfish Crackers $\frac{1}{2}$ cup Water
TUESDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Cinnamon Toast $\frac{1}{2}$ cup Water	Corn Dogs String Cheese Orange Wedge $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Pretzels $\frac{1}{2}$ cup Water
WEDNESDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Waffle Half w/butter $\frac{1}{2}$ cup Water	Bean & Cheese Burrito $\frac{1}{2}$ cup Green Salad w/Ranch Dressing $\frac{1}{2}$ cup Raisins $\frac{1}{2}$ cup Milk	Granola Bar $\frac{1}{2}$ cup Water
THURSDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Graham Cracker $\frac{1}{2}$ cup Water	Spaghetti w/Red Sauce Garlic Bread $\frac{1}{2}$ cup Corn $\frac{1}{2}$ cup Milk	Hazelnut Crepe $\frac{1}{2}$ cup Water
FRIDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Sausage Link $\frac{1}{2}$ cup Water	Chicken Patty Sandwich $\frac{1}{2}$ cup Cheez-Its 1/3 Banana $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Animal Crackers $\frac{1}{2}$ cup Water