Brighten Academy Kinder-Prep Preschool

Preschool Menu – Week of November 2, 2026

	EARLY SNACK 6:30 AM – 7:45 AM	MORNING SNACK 9:00 AM – 9:15 AM	LUNCH 11:45 AM – 12:15 PM	AFTERNOON SNACK 3:15 PM – 3:30 PM
MONDAY	½ cup Cheerios ½ cup Milk	Blueberry Muffin ½ cup Water	Chicken Patty Sandwich ½ cup Green Salad w/Ranch Dressing ½ cup Mixed Fruit ½ cup Milk	½ cup Goldfish Crackers ½ cup Water
TUESDAY	½ cup Cheerios ½ cup Milk	1/3 Banana ½ cup Water	Spaghetti w/Red Sauce Garlic Bread String Cheese ½ cup Milk	½ cup Veggie Straws ½ cup Water
WEDNESDAY	½ cup Cheerios ½ cup Milk	Graham Cracker ½ cup Water	Breakfast for Lunch (Sausage and Pancake) ½ cup Tater Tots ½ cup Peaches ½ cup Milk	½ cup Animal Crackers ½ cup Water
THURSDAY	½ cup Cheerios ½ cup Milk	Toasted Bagel w/butter ½ cup Water	Ham & Cheese Sandwich ½ cup Cheez-Its Orange Wedge ½ cup Milk	½ cup Ritz Crackers ½ cup Water
FRIDAY	½ cup Cheerios ½ cup Milk	Nutri-Grain Bar ½ cup Water	Beef & Bean Burritos ½ cup Corn ½ cup Pineapple ½ cup Milk	½ cup Club Crackers ½ cup Water