



# Brighten Academy Kinder-Prep Preschool

## Preschool Menu - Week of September 15, 2025

	<u>EARLY SNACK</u> 7:00 AM - 7:45 AM	<u>MORNING SNACK</u> 9:00 AM - 9:15 AM	<u>LUNCH</u> 11:45 AM - 12:15 PM	<u>AFTERNOON SNACK</u> 4:00 PM - 4:15 PM
MONDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Graham Cracker $\frac{1}{2}$ cup Water	Meatballs $\frac{1}{2}$ cup Green Beans $\frac{1}{2}$ cup Mixed Fruit $\frac{1}{2}$ cup Milk	1/3 Banana $\frac{1}{2}$ cup Water
TUESDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Pancake $\frac{1}{2}$ cup Water	Beef Taquitos $\frac{1}{2}$ cup Carrots $\frac{1}{2}$ cup Pineapple $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Animal Crackers $\frac{1}{2}$ cup Water
WEDNESDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Granola Bar $\frac{1}{2}$ cup Water	Grilled Cheese Sandwich $\frac{1}{2}$ cup Veggie Straws $\frac{1}{2}$ cup Apple Slices $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Townhouse Crackers $\frac{1}{2}$ cup Water
THURSDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Wheat Toast w/jelly $\frac{1}{2}$ cup Water	Pasta w/Red Sauce Garlic Bread $\frac{1}{2}$ cup Apricots $\frac{1}{2}$ cup Milk	Graham Cracker $\frac{1}{2}$ cup Water
FRIDAY	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Hash Brown Bites $\frac{1}{2}$ cup Water	Cheeseburger $\frac{1}{2}$ cup Corn $\frac{1}{2}$ cup Applesauce $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Veggie Straws $\frac{1}{2}$ cup Water