



# Brighten Academy Kinder-Prep Preschool

## Preschool Menu - Week of October 7, 2024

	<b><u>EARLY SNACK</u></b> 7:00 AM - 7:45 AM	<b><u>MORNING SNACK</u></b> 9:00 AM - 9:15 AM	<b><u>LUNCH</u></b> 11:45 AM - 12:15 PM	<b><u>AFTERNOON SNACK</u></b> 4:00 PM - 4:15 PM
<b>MONDAY</b>	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Pancake $\frac{1}{2}$ cup Water	Meatballs $\frac{1}{2}$ cup Green Beans $\frac{1}{2}$ cup Applesauce $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Cheez-Its $\frac{1}{2}$ cup Water
<b>TUESDAY</b>	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Graham Cracker $\frac{1}{2}$ cup Water	Chicken Sandwich $\frac{1}{2}$ cup Carrots $\frac{1}{2}$ cup Peaches $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Ritz Crackers $\frac{1}{2}$ cup Water
<b>WEDNESDAY</b>	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Wheat Toast w/jelly $\frac{1}{2}$ cup Water	Hot Dog $\frac{1}{2}$ cup Cheese Cubes $\frac{1}{2}$ cup Pineapple $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Animal Crackers $\frac{1}{2}$ cup Water
<b>THURSDAY</b>	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	Blueberry Muffin $\frac{1}{2}$ cup Water	Mozzarella Sticks $\frac{1}{2}$ cup Pretzels $\frac{1}{2}$ cup Pears $\frac{1}{2}$ cup Milk	$\frac{1}{2}$ cup Cheese Cubes $\frac{1}{2}$ cup Water
<b>FRIDAY</b>	$\frac{1}{2}$ cup Cheerios $\frac{1}{2}$ cup Milk	French Toast Sticks $\frac{1}{2}$ cup Water	Fish Sticks $\frac{1}{2}$ cup Corn $\frac{1}{2}$ cup Mandarin Oranges $\frac{1}{2}$ cup Milk	Granola Bar $\frac{1}{2}$ cup Water